

Discovery

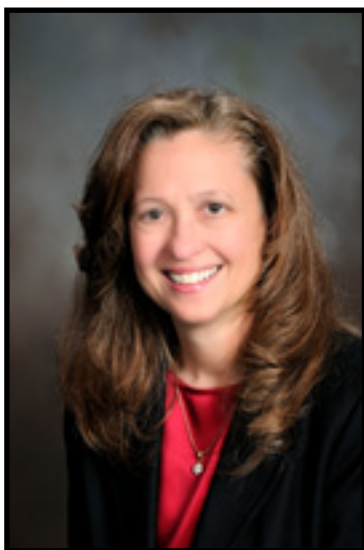
Learning

Engagement



2013
35th Anniversary Edition

From the Director . . .



The Center for Gerontology was launched in 1977-78 to advance knowledge and understanding of the growing aging population that was on the horizon. At that time, approximately 24.2 million people or 11% of the US population was aged 65+. Today, more than 39 million people are aged 65 and older (12.8%) and by 2030 older adults are projected to comprise 19.1% of the US population. Not only has the elderly population increased substantially in the past 35 years, so has the number of individuals contributing to the mission of the Center. The Center began with the contributions of five faculty; now, more than 60 Faculty Affiliates engage in gerontology-related research as well as teaching courses for the Graduate Certificate in Gerontology and various outreach activities.

As one of the long-standing programs in the country, our faculty affiliates are engaged in a range of research, education, and outreach activities designed to enhance the quality of life of older adults, their families, and the communities in which they live. As evident by the listings of major publications, funded projects, and awards received, our faculty, staff, and students are recognized as innovative leaders whose individual and collaborative interdisciplinary efforts are making significant contributions to the health and well being of our aging society. I am honored to work with such a talented and dedicated group of individuals.

~Karen

Center for Gerontology Faculty Affiliates 2009-2013

Faculty affiliates engage in research on issues affecting the aging population, teach in the Graduate Certificate Program, serve on student committees, and are committed to the Center's mission to foster and facilitate multidisciplinary research that enhances the quality of life of older adults. Moreover, faculty affiliates are ambassadors for the Center within the Virginia Tech community and beyond. Over the past 5 years, 80 faculty members from 7 colleges, representing 33 departments, institutes or administrative units across campus served as Center affiliates. Thank you for your continued work and dedication to the Center for Gerontology and the aging network!

Administration

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Richard Winett

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Biomedical Sciences and Pathobiology
Bradley G. Klein
John C. Lee
Population Health Sciences
Kerry J. Redican

Virginia Bioinformatics Institute

David Samuels

Virginia Tech Carilion Research Institute

Gregorio Valdez

Virginia Tech Transportation Institute

Jon Antin



Faculty Affiliates, students and community guests attending the Center for Gerontology 35th Anniversary Celebration

Highlights of Faculty Affiliate Research and Scholarship

The Center's core faculty and faculty affiliates' scholarly activities (e.g., publications, presentations, and grants), contribute to the advancement of new knowledge and practices and bring attention and visibility to the Center and Virginia Tech. The following illustrate our faculty's areas of expertise and knowledge of aging.

JOURNAL ARTICLES

Aiken-Morgan, A. T., Bischel, J., Allaire, J. C., **Savla, J.**, Edwards, C. L., & Whitfield, K. E. (2012). Personality as a source of individual differences in cognition among older African Americans. *Journal of Research in Personality, 46*, 465-471.

Allen, K. R., Blieszner, R., & Roberto, K. A. (2011). Perspectives on extended family and fictive kin in the later years: Strategies and meanings of kin reinterpretation. *Journal of Family Issues, 32*, 1156-1177.

Allen, K. R., & Roberto, K. A. (2009). From sexism to sexy: Challenging young adults' ageism about older women's sexuality. *Sexuality Research and Social Policy, 6*, 13-24.

Anderson-Bill, E. S., Winett, R. A., Wojcik, J. R., & Williams, D. M. (2011). Aging and the social cognitive determinants of physical activity behavior and behavior change: Evidence from the guide to health trial. *Journal of Aging Research, 2011*, 1-11.

Antin, J. F., Lockhart, T., Stanley, L. M., & Guo, F. (2012). Comparing the impairment profiles of older drivers and non-drivers: Toward the development of a fitness-to-drive model. *Safety Science, 50*(2), 333-341.

Bieryla, K. B., & **Madigan, M. L.**

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Brossoie, N., Roberto, K. A., & Barrow, K. M. (2012). Making sense of intimate partner violence in late life: Comments from online news readers. *The Gerontologist, 52*, 792-801.

Calasanti, T. (2010). Gender and applied research on aging. *The Gerontologist, 50*(6), 1-15.

Calasanti, T., Pietilä, I., Ojala, H., & King, N. (2013). Men, bodily control, and health behaviors: The importance of age. *Health Psychology, 32*, 15-23.

Carmona, J. E., Holland, A. K., Comer, C., & **Harrison, D. W.** (2009). Age-related differences in systolic blood pressure regulation and design fluency performance as a function of stress. *Archives of Clinical Neuropsychology, 24*, 441 - 442.

Crews, W. D., **Harrison, D. W.**, Keiser, A. M., & Kunze, C. M. (2009). The memory screening outreach program: Findings from a large community-based sample of middle aged and older adults. *Journal of the American Geriatrics Society, 57*, 1697 - 1703.

Davey, A., **Savla, J.**, Janke, M. C., & Anderson, S. (2009). Grandparent-grandchild relationships: From families in context to families as

context. *International Journal of Aging and Human Development, 69*, 311-325.

Davey, A., Tucker, C. J., Fingerman, K. L., & **Savla, J.** (2009). Within-family variability in representations of past relationships with parents. *Journal of Gerontology: Social Sciences, 64*, 125-136.

Dengo, A. L., Dennis, E. A., Orr, J. S., Marinik, E. L., Ehrlich, E., **Davy, B. M., & Davy, K. P.** (2010). Arterial destiffening with atorvastatin in overweight and obese middle-aged and older adults. *Hypertension, 55*, 855-861.

Davidson, B. S., **Madigan, M. L., Southward, S. C., & Nussbaum, M. A.** (2011). Neural control of posture during small magnitude perturbations: The effects of aging and localized muscle fatigue. *IEEE Transactions on Bio-Medical Engineering, 58*(6), 1546-1554.

Dennis, E. A., Dengo, A. L., Comer, D. L., Flack, K. D., **Savla, J., Davy, K. P., & Davy, B. M.** (2010). Water consumption increases weight loss during a hypocaloric diet intervention in middle-aged and older adults. *Obesity (Silver Spring), 18*(2), 300-307.

Dolbin-MacNab, M. L., & Keiley, M. K. (2009). Navigating interdependence: How adolescents raised solely by grandparents experience their family

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- Jarrott S. E., & Gigliotti C. M. (2011). Layers of influence: Important contextual factors in directing dementia care programs. *Journal of Applied Gerontology*, 31, 113-122.
- Jarrott, S. E., & Smith, C. L. (2011). The complement of research and theory in practice: Contact theory at work in non-familial intergenerational programs. *The Gerontologist*, 51, 112-121.
- Kiecolt, J. K., Blieszner, R., & Savla, J. (2011). Long-term influences of intergenerational ambivalence on midlife parents' psychological well-being. *Journal of Marriage and Family*, 60, 369-382.
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- Qu, X., Nussbaum, M. A., & Madigan, M. L. (2009). Model-based assessments of the effects of age and ankle fatigue on the control of upright posture in humans. *Gait & Posture*, 30, 518-522.
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- Singh, N., Taylor, W. R., Madigan, M. L., & Nussbaum, M. A. (2012). The spectral content of postural sway during quiet stance: influences of age, vision and somatosensory inputs. *Journal of Electromyography and Kinesiology*, 22, 131-136.
- Smith, H., Finke, M. S., & Huston, S. (2012). Financial sophistication and housing leverage among older households. *Journal of Family and Economic Issues*, 33, 315-327.
- Valdez, G., Tapia, J. C., Lichtman, J. W., Fox, M. A., & Sanes, J. R. (2012). Shared resistance to aging and ALS in neuromuscular junctions of specific muscles. *PLoS One*, 7, e34640.
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- Winett, R. W., Williams, D. M., & Davy, B. M. (2009). Initiating and maintaining resistance training in older adults: A social cognitive theory-based approach. *British Journal of Sports Medicine*, 43, 114-119.
- Yorgason, J., Piercy, F., & Piercy, S. K. (2010). Couple challenges when one spouse acquires hearing impairment in later life: Recommendations from a focus group of marriage and family therapists. *Journal of Family Psychotherapy*, 21(3), 180-196.

BOOKS

- Blieszner, R., & Bedford, V. H. (Eds.). (2012). *Handbook of families and aging* (2nd ed.). Westport, CT: Praeger.

Davey, A., & Savla, J. (2010). *Statistical power analysis with missing data: A structural equation modeling approach*. New York, NY: Routledge.

Goldberg, A. E., & Allen, K. R. (2013). *LGBT-parent families: Innovations in research and lessons for practice*. New York, NY: Springer.

Lloyd, S. A., Few, A. L., & Allen, K. R. (Eds.). (2009). *Handbook of feminist family studies*. Thousand Oaks, CA: Sage.

Mancini, J. A., & Roberto, K. A. (Eds.) (2009). *Pathways of human development: Explorations of change*. Lanham, MD: Lexington Books.

Ramsey, J. L., & Blieszner, R. (2012). *Spiritual resiliency and aging: Hope, relationality, and the creative self*. Amityville, NY: Baywood Publishing Company, Inc.

Ray, R. E., & Calasanti, T. (Eds.). (2011). *Nobody's burden: Lessons on old age from the Great Depression*. NY: Lexington Books.

Resnick, B., Gwyther, L., & Roberto, K. A. (Eds.) (2011). *Resilience in aging: Concepts, research, and outcomes*. New York: Springer Publishing.

Uysal, M., Perdue, R., & Sirgy, J. (Eds.) (2011). *Handbook on tourism and quality of life: The missing links*. New York, NY: Springer.

Turk, E., Uysal, M., Hammitt, W., & Vaske, J. (Eds.). (2011). *Research methods for leisure, recreation, and tourism*. London, UK: CABI Publishing

Wacker, R. R., & Roberto, K. A. (2011). *Aging social policies: An international perspective*. Thousand Oaks, CA: Sage.

GRANT AWARDS

Aging, Neuromuscular Behavior, and Risk of Occupational Low Back Pain

M. Nussbaum
University of Kentucky, 2012-2013

Appalachian Community Cancer Network II

K. A. Roberto
National Institutes of Health /National Cancer Institute, 2010-2015

Attention and Memory: Mother-Child Psychophysiology and Behavior

M. Bell
National Institute of Child Health & Human Development, 2009-2012

Cancer Prevention: A Mastery-Model Intervention

R. Winnet & E. G. Wright
National Cancer Institute, 2005-2010

Cancer Survivorship among Older Adults in Rural Appalachia

K. A. Roberto
Cooperative State Research, Education, and Extension Service, Department of Agriculture, 2012-2016

Caring for a Spouse with Mild Cognitive Impairment: Daily Challenges, Marital Relations, and Physiological Indicators of Health

K. A. Roberto, R. Blieszner, & T. Savla
Alzheimer's and Related Diseases Research Award Fund, 2008-2009

Continuous Non-invasive Gait Analysis and Fall-Risk Assessment

T. Lockhart & J. Lach National Science Foundation, 2008-2012

Effects of Localized Muscle Fatigue on Risk of Occupational Slips and Falls

T. Lockhart & M. Nussbaum
National Institute for Occupational Safety & Health, 2009-2013

Effects of Obesity and Age on Fall Risk

M. Madigan & M. Nussbaum
National Institution for Occupational Safety and Health, 2011-2014

Effects of Obesity and Age on Balance and Fall Risk

M. Madigan
National Institute for Occupational Safety and Health, 2012-2013

Evaluation of Child, Family, and Community Outcomes for the Danville-Pittsylvania School Readiness Initiative

I. S. Bradburn & N. Davis
Smart Beginnings Danville-Pittsylvania, 2011-2013

Financial Elder Abuse in the News: 2008-2010 Comparisons

K. A. Roberto & P. B. Teaster
MetLife Mature Market Institute (MMI), 2010-2011

Grandparent-headed Families and Virginia WIC: An Examination of Service Awareness, Utilization, and Delivery

M. L. Dolbin-MacNab & E. Serrano,
Virginia Department of Health, 2010-2012

Health System Profile, Carilion Franklin Memorial Hospital

S. Marmagas, K. Redican, & K. A. Roberto
Carilion Franklin Memorial Hospital, 2010

Identification of Sequence Variation in Immune Response and Candidate Genes that make Turkeys Susceptible to Round Heart Disease

E. J. Smith
Virginia Agricultural Council, 2010-2012

Implications of In Vivo Muscle Loading for Hip Fracture Etiology

M. Madigan
National Institute on Aging, 2008-2010

Increased Water Consumption: A Self Regulatory Strategy for Long-term Weight Loss Maintenance

B. M. Davy
International Life Sciences Institute, 2008-2010

Inflammation, Oxygen Intermediates, and Mitochondrial Biology in Skeletal Muscle

M. Frisard
The Obesity Society, 2008-2010

Intergenerational Obesity: Developing an Ecological Approach

I. S. Bradburn & K. A. Roberto
National Institute of Child Health and Human Development, 2011-2013

Intimate Partner Violence in Rural Aging Women: Promoting Community Knowledge

K. A. Roberto
National Institute of Child Health and Human Development and the Office of the Director, 2008-2010

Maintaining Resistance Training in Older Prediabetic Adults: Theoretical Approach

B. Davy & R. Winnett
National Institute of Diabetes and Digestive and Kidney Diseases, 2009-2014

Non-intrusive Multi-patient Fall-risk Monitoring in Health Care Facilities

T. Lockhart, J. Lach, K. A. Roberto, & D. Ha
National Science Foundation and Intelligent Systems (IIS) and Smart Health and Wellbeing, 2011-2015

Psychobiology of Cognitive Development

M. Bell
National Institutes of Health, 2011-2012

Risk of Falls in the Elderly: A Neuropsychological Approach to Vestibular Functions

D. Harrison
National Academy of Neuropsychology, 2009-2010

Survey of Older Adults and Baby Boomers

N. Brossoie, K. A. Roberto, & S. Willis-Walton
National Association for Area Agencies on Aging, Elder Care Locator Needs Assessment, 2010

Virginia Tech Sustainable Community Programs: Transforming Relationships with Intergenerational Programs

S. E. Jarrott
National Institute Food and Agriculture: Children, Youth, and Families at Risk, 2011-2016

Faculty Awards & Recognitions

In addition to their scholarly pursuits, faculty affiliates have also received numerous and varied recognitions for excellence in teaching, writing, research, and other accomplishments. Our award-winning faculty include...

Katherine R. Allen, Human Development Excellence in Graduate Student Advising, College of Liberal Arts & Human Sciences, 2009
International Visiting Scholar at Ochanomizu University, Tokyo, Japan, 2009
Outstanding Dissertation Advisor, The Graduate School, Virginia Tech, 2011
Scholarship of Teaching and Learning Award, Center for Instructional Development and Educational Research, Virginia Tech, 2012

Jon Antin, Virginia Tech Transportation Institute Chair, Senior Mobility Awareness Symposium: Integrating Science, Policy, and Practice, Blacksburg, Virginia, 2012

Julia Beamish, Apparel, Housing, & Resource Management Best Housing, Equipment, and Design Article Award, Family and Consumer Sciences Research Journal, 2008

Martha Ann Bell, Psychology Outstanding Scholar Alumni Award, College of Education, University of Maryland, 2010
Fellow, Association for Psychological Science, 2011
Fellow, American Psychological Association (Division 3 – Experimental), 2011
Senior Fellow, Virginia Tech Institute for Society, Culture and Environment, 2012

Rosemary Blieszner, Human Development and Center for Gerontology Keynote Speaker, Graduate School Commencement, Virginia Tech, 2009
Invited Address, Fall Symposium on Relationships and Resilience in Later Life, Purdue University, 2010
President-elect, Gerontological Society of America, 2012

Doug Bowman, Computer Science ACM Distinguished Scientists, 2010
Deans Award for Research Excellence, College of Engineering, Virginia Tech, 2012
First Prize, 2012 3DUI Contest, IEEE Symposium on 3D User Interfaces, 2012

Toni M. Calasanti, Sociology Excellence in Graduate Student Advising, College of Liberal Arts &

Human Sciences, 2009
E. Gordon Erickson Award for Outstanding Graduate Faculty, Virginia Tech Department of Sociology, 2010
Chair, Behavioral and Social Sciences Section, Gerontological Society of America, 2010
Keynote speaker, British Gerontological Society, Keele University, 2012

Brenda Davy, Human Nutrition, Foods, and Exercise Scientific Advisory Board Appointment, Well Balance, 2012
Fellow Status, Obesity Society, 2013

Kirby Deater-Deckard, Psychology Fellow, Association for Psychological Science, 2009
XCaliber Certificate of Excellence, Center for Innovation in Learning, Virginia Tech, 2012

Megan Dolbin-MacNab, Human Development Graduate Student Advising Award, College of Liberal Arts & Human Sciences, 2010

April Few-Demo, Human Development Certificate of Teaching Excellence, College of Liberal Arts and Human Sciences, Virginia Tech, 2010

T. Simin Hall, Mechanical Engineering Research Fellow, Institute of Distance and Distributed Learning, Virginia Tech, 2009
Air Force Summer Faculty Fellowship Program, 2012
Fellow, 2012 OMR-ASEE Summer Faculty Research Program, 2012

David Harrison, Psychology Students' Choice for Favorite Professor, Office of Residence Life at Virginia Tech, 2009

Shannon E. Jarrott, Human Development Land Grant Scholar's Award, Virginia Tech, 2011-2012
Brabazon Award for Evaluation Research, Generations United, 2012
Alumni Award for Outreach Excellence, 2013

Jihyun Kim, Apparel, Housing, and Resource Management Paper of Distinction Award in the Consumer Behavior Track, International Textiles and Apparel Association Annual Meeting, 2012

Kee Jeong Kim, Human Development Virginia Tech Favorite Faculty Award, 2012
Virginia Tech Sporn Award for Excellence in Teaching Introductory Subjects, 2013

Matthew Komelski, Human Development Initiation into Sigma Xi, The Scientific Research Society, 2009
Excellence in Access and Inclusion Award, Virginia Tech Services for Students with Disabilities Office and Office for Diversity & Inclusion, 2012

Michael Madigan, Engineering Science & Mechanics Liviu Librescu Faculty Prize for Outstanding Accomplishments, Engineering Science & Mechanics, 2011
Faculty Fellowship for Excellence in Scholarship, Teaching, and Service, College of Engineering, 2012

Maury A. Nussbaum, Industrial and Systems Engineering Hal G. Prillaman Professor Fellow of Engineering and Operations Research, College of Engineering, 2008-2016
Dean's Award for Excellence in Research, Virginia Tech College of Engineering, 2009
Best Paper Award, IERC Human Factors and Ergonomics Track, 2009
Fellow, The Institute of Ergonomics and Human Factors, 2009

Fred Piercy, Human Development Certificate of Teaching Excellence, College of Liberal Arts and Human Sciences, 2012
Outstanding Dissertation Advisor, Virginia Tech, 2013

Karen A. Roberto, Center for Gerontology/Institute for Society, Culture and Environment Behavioral and Social Sciences Section Chair, Gerontological Society of America, 2009
Invited Plenary, 4th International Social & Applied Gerontology Symposium, Antalya, Turkey, 2010
Distinguished Mentorship in Gerontology, Gerontological Society of America, 2012
Gary Andrews Visiting Fellow, Australian Association for Gerontology, 2012

Joyti (Tina) Savla, Human Development and Center for Gerontology
Initiation into Sigma Xi, The Scientific Research Society, 2009
Excellence in Research and Creative Scholarship, CLAHS, Virginia Tech, 2013

Elena Serrano, Human Foods, Nutrition, & Exercise
USDA Nutrition and Health Committee for Planning and Guidance, 2011

Cynthia Smith, Human Development
Excellence in Undergraduate Student Advising, College of Liberal Arts & Human Sciences, 2009
Brabazon Award for Evaluation Research, Generations United, 2012

Thurmon Lockhart, Industrial and Systems Engineering
Deans Award for Research Excellence, College of Engineering, Virginia Tech, 2013

Muzaffer Uysal, Hospitality and Tourism Management
Michael D. Olsen Career Research Achievement Award, 14th Graduate Student Research Conference in Hospitality and Tourism, 2009
Award for Excellence in International Programs, Virginia Tech Pamplin College of Business, 2011

FUTURE BOARD MEMBERS

Dr. Richard Lindsay, Professor Emeritus, University of Virginia
Eva Teig Hardy Award for Exceptional Leadership and Service, Senior Connections and the Capital Area Agency on Aging, 2010

Deborah Petrino, Commonwealth Care of Roanoke, Inc.
Wachovia Distinguished Speaker, Virginia Tech Pamplin College of Business, 2011

CENTER FOR GERONTOLOGY

International Association for Gerontology and Geriatrics (IAGG), Collaborating Centres Program, 2009

International Association for Gerontology and Geriatrics, Global Ageing Research Network, 2011

The Center for Gerontology has been home to numerous students over the past five years.

Student Awards and Recognitions 2009-2013

Jill S. Harrison-Rexrode, PhD, Sociology
Postdoctoral Fellow, Center for Gerontology & Healthcare Research, Brown University, 2009
Honorable Mention, Outstanding Social Sciences Dissertation, VT Graduate School, 2009

Chih-ling Liou, PhD, Human Development
James D. Moran Memorial Endowed Scholarship, 2009
3rd place, Southern Gerontological Society Student Paper competition, 2009
Harold A. Schlenker Scholarship, Department of Human Development, 2009

Brandy Renee McCann, PhD, Human Development
Outstanding Dissertation in Social Sciences, Business and Humanities, Virginia Tech Graduate School, 2011
Hettie Margaret Anthony Doctoral Fellowship, Kappa Omicron Nu, 2009-2010
Graduate Student Assembly Research & Development Grant, 2009

Sung-jin Lee, PhD, Apparel, Housing, and Resource Management
James D. Moran Memorial Scholarship, CLAHS, 2009-2010
Graduate Student Assembly Research & Development Grant, 2010

Neda Norouzi, PhD Student in Architecture and Human Development
Harvard University Learning Environments for Tomorrow Program, 2013

Bradford Wiles, PhD, Human Development
Research Grant, US Department of Health & Human Services, 2010

Ivette Valenzuela, MPH, Population Health Sciences
3rd place poster award, Southern Gerontological Society, 2013

Raven Weaver, M.S. to PhD Student, Human Development
South Atlantic Humanities Fellow, Institute for Policy and Governance, 2013

(L to R) Sung-jin Lee, Matthew R. Komelski, Emily Duda, and Brandy R. McCann receiving the 2010 Graduate Certificate in Gerontology



Student Scholarships

AARP Memorial Fund Scholarship

Bradford Wiles, Human Development, 2009
Emily Duda, Commonwealth Campus Program, 2010
Andrea Mendes, Human Development, 2011
Lauren Ermann, Counselor Education, 2011
Rebecca Bivens, Human Development, 2012
Kelly Munly, Human Development, 2013



AARP 2013 recipient Kelly Munly with Bill Kallio, State Director



2013 Futures Board Scholarship (L to R): Dr. Kye Kim, Cynthia Jones, Michelle Butner, Bill Kallio & Marilyn Maxwell

Center for Gerontology Futures Board Scholarship

Brandy Renee McCann, Human Development, 2009
Lauren Ermann, Counselor Education, 2010
Stefan Pasymowski, Human Development, 2011
Kelly Munly, Human Development, 2012
Michelle Butner, Human Development, 2013

Peggy Lavery Gerontology Research and Professional Development Awards

Kenneth Harrah, Health Promotion, 2009
Sung-jin Lee, Apparel, Housing, and Resource Management, 2009
Kelly Munly, Human Development, 2010
Chih-ling Liou, Human Development, 2010
Rebecca Bivens, Human Development, 2011



Dr. S. J. Ritchey with 2013 scholarship recipient, Raven Weaver

S. J. Ritchey Scholarships

Jill Harrison-Rexrode, Sociology, 2009
Matthew Komelski, Human Development, 2009
Brand Renee McCann, Human Development, 2010
Bradford Wiles, Human Development, 2010
Chih-ling Liou, Human Development, 2011
Kelly Munly, Human Development, 2011
Lauren Ermann, Counselor Education, 2012
Stefan Pasymowski, Human Development, 2012
Raven Weaver, Human Development, 2013
Neda Norouzi, Architecture & Human Development, 2013

Vetra R. Mancini & Jay R. Mancini Research Prize (for Human Development Doctoral Students)

Brandon Rodgers, 2009
Matthew Komelski, 2010
Crystal Duncan Lane, 2011
Jing Zhang, 2012
Kimberly Day, 2013



2013 Mancini Prize recipient Kim Day with Karen A. Roberto

Center for Gerontology Undergraduate Research and Education Award

Thomas Markley Anderson, International Studies & Spanish, 2011

Graduate Certificate in Gerontology Recipients 2009-2013

The Center for Gerontology administers the Graduate Certificate in Gerontology Program, a recognized Program by the Association for Gerontology in Higher Education. Students who receive the Gerontology Certificate complete a required set of graduate courses, a practicum, or independent research in addition to their degree requirements. Students who have completed the Certificate often combine their degree and certificate to follow career paths dedicated to improving the quality of life for older adults. The following graduate students have received the Gerontology Certificate during the last five years.

2009

Jill Harrison-Rexrode, Sociology
Aaron Weintraub, Human Development

2010

Emily Duda, Commonwealth Campus Program
Matthew Komelski, Human Development
Sung-jin Lee, Apparel, Housing and Resource Management
Brandy Renee McCann, Human Development

2011

Chih-ling Liou, Human Development
Andrea Mendes, Human Development

2012

Stefan Pasymowski, Human Development
Bradford Wiles, Human Development



2013 (L-R)

Rebecca Bivens, Human Development
David Winship, Commonwealth Campus
Lauren Ermann, Counselor Education
Ivette Valenzuela, Population Health Science
Kelly Munly, Human Development

Graduate Certificate in Gerontology Alumni Updates

The Center's alumni network extends beyond the world of academia and diffuses into all areas of business, research, education, health and human services, advocacy, and residential care. Our alumni updates provide snapshots into their successes. We are extremely proud of the Center's alumni network and their commitment to addressing gerontological issues. The following highlights their many accomplishments.

Joy Ackerman-Herbert, '02, Blacksburg, VA. Ms. Ackerman-Herbert has worked for the town of Blacksburg as the Senior Programs Supervisor for over 18 years. She organizes health and fitness programs, trips, special events and educational classes for older adults in the New River Valley.

Cara Bailey, '07, St. Paul, MN. Dr. Bailey is Project Director and Policy Coordinator with Minnesota's Department of Human Services. She serves as project officer for grants, coordinates quality assurance and performance within the agency and continues to serve older adults and persons with disabilities.

Mary Elizabeth Bowen, '06, Tampa, FL. Dr. Bowen is a Research Health Science Specialist at the James A. Haley Veterans Hospital. Dr. Bowen recently received a Career Development Award in which she will work toward leveraging innovative technology to improve functioning and patient care in a geriatric population.

Dr. Audrey (Kemp) Burnett, '05, Harrisonburg, VA. Dr. Burnett is an Assistant Professor at James Madison University in the Department of Health Sciences. Her interests focus on community health, health needs assessment, aging and chronic disease, and health education.

Adrienne Byrne, '03, Richmond, VA. Ms. Byrne is the Director of Business Growth for Healthy Aging and Rural Outreach for the Hospital Corporation of America (HCA). With her help, two major hospitals in the Richmond area have enacted senior-specific hospital protocol. Adrienne has also collaborated with Richmond area hospitals, various home health agencies, and health aging facilities to address hospital readmissions related to heart failure, and she consulted with the Virginia Geriatrics Society in its preparation for its annual conferences.

Marasha Carolan, '96, Lansing, MI. Dr. Carolan is an Associate Professor in the Department of Human Development and Family Studies at Michigan State University. Her teaching and research focus on feminist and multicultural approaches to studying women and families. She has guided over 25 dissertations that approach the study of couple and family issues qualitatively.

Joan Dickinson, '93, Radford, VA. Dr. Joan Dickinson is an Associate Professor at Radford University's Department of Interior Design. In 2009, she published her second book with J. Marsden entitled *Informing Design*. In 2011, she received Radford University's Community Service and Advisory Excellence awards.

Emily Duda, '10, Fairfax, VA. Ms. Duda is a Program Manager for Volunteer Fairfax. She works to match skills and interests of volunteers with the needs of older adults and local organizations in the DC-metro area.

Donna Ferrandino, '95, Baltimore, MD. Dr. Ferrandino is a Scientific/Medical Writer for Allied Technologies and Consulting, LLC based out of Baltimore. She also works as a freelance artist.

James "Jim" Ford, '08, Athens, GA. Dr. Ford is an Assistant Research Scientist and Research Projects Coordinator in the Family and Community Resilience Lab at the University of Georgia as an Assistant Research Scientist and Research Projects Coordinator in the Family and Community Resilience Lab. His research interests are in aging and well being, veterans care, marriage and family therapy, and substance abuse.

Leslie Gignoux Fritz, '89, Washington, DC. Leslie and her partner Scott currently own and operate their own landscape architecture business in the DC-Metro area.

Christine A. Fruhauf, '03, Fort Collins, CO. Dr. Fruhauf is an Associate Professor in the Department of Human Development and Family Studies at Colorado State University, where she is the Director of Undergraduate Programs and Curriculum and Coordinator of the Gerontology Interdisciplinary Minor. Dr. Fruhauf's research addresses grandparent-grandchild relationships and family caregiving issues. She currently serves as a member-at-large to the Association for Gerontology in Higher Education's Executive Committee.

Alison Galway, '98, Blacksburg, VA. Prior to her retirement in 2012 Dr. Galway was Director of the Virginia Tech Adult Day Services Program. Currently, she serves on the Board of the Mental Health Association of the New River Valley.

Christina Gigliotti, '06, San Diego, CA. Dr. Gigliotti is the Community Health Program Supervisor at the Shiley-Marcos Alzheimer's Disease Research Center where she is responsible for providing outreach and education to physicians and community members about Alzheimer's disease and related dementias as well as the center's ongoing and new research projects. In this role, she facilitates community programs, gives presentations, and develops and disseminates outreach materials.

Melissa (Gladwell) Crocker, '03, Lexington, VA. Ms. Crocker is the Director of Marketing for Kendal at Lexington, a continuing care retirement community. She is responsible for developing and implementing a comprehensive marketing plan and overseeing all digital and print advertising as well as planning on- and offsite events.

Anne P. Glass, '90, Athens, GA. Dr. Glass is an Associate Professor in the Department of Health Policy and Management and the Associate Director of the Institute of Gerontology in the College of Public Health at the University of Georgia. She also serves as the Graduate Coordinator for the Gerontology Certificate Program. Her research focuses on the intersection of informal and formal care for older adults and ways to improve that care.

Phyllis Greenberg, '98, St. Cloud, MN. Dr. Greenberg is an Associate Professor and Gerontology Graduate at St. Cloud University. Her interests center on mental health, addictions, and sexuality among older adults. In 2011, Dr. Greenberg received the Dutch Kastenbaum Award for the Minnesota Outstanding Gerontologist of the Year.

Stephen Guill, '06, Charlotte, NC. Dr. Stephen Guill works for Amgen as a Senior Regional Medical Liaison.

Kenneth B. Hall, Jr. '89, Norfolk, VA. Kenneth Hall is a landscape architect with the award-winning firm Hanbury Evans Newill Vlattas & Company in Norfolk, Virginia. He specializes in community planning and has published a variety of articles focusing on issues related to community design.

Raeann Hamon, '86, Grantham, PA. Dr. Hamon is a Distinguished Professor of Family Science and Gerontology and Chair of the Department of Human Development and Family Science. Her interests focus on families in later life, intergenerational relationships, mate selection, and Bahamian family life.

Julieta Holguin, '97, Washington, DC. Julieta Holguin is the Vice President of Education & Leadership Development at LeadingAge (formerly AAHSA). Her responsibilities include planning and executing the development initiatives, providing strategic guidance, and overseeing proposal evaluation, content development, and evaluation and analysis.

Erica Husser, '09, Amherst, MA. Dr. Husser is a Senior Research and Evaluation Analyst for Ripple Effect Communications Inc. She received the 2011 Plain Language/Clear Communication Award from the National Institutes of Health in recognition of her contributions to developing a new logo for the NIH Loan Repayment Programs flyer

Melissa Kitner-Triolo, '00, Baltimore, MD. Dr. Kitner-Triolo is a Research Psychologist with the Cognitive Testing Group at the National Institute on Aging. Her research focuses on cognition and personality across the life span.

Chih-ling Liou, '11, Oxford, OH. Dr. Liou is a Visiting Professor in the Department of Sociology and Gerontology at Miami University–Ohio. Her areas of specialization include adult day services, older Chinese Americans, and retirement.

Teresa Lyons, '06, Blacksburg, VA. Ms. Lyons is the Return to Work Coordinator in the Human Resources Department at Virginia Tech. She works closely with injured employees, treating physicians, and departments to facilitate better transitions in and out of the workforce.

Vicki Martin, '04, Farmville, VA. Dr. Martin is an Associate Professor of Nursing at Longwood University where she is responsible for developing a new RN-BSN program. Prior to moving to Longwood, Dr. Martin was an Associate Professor of Nursing at James Madison University.

Brandy McCann, '10, Clute, TX. Dr. McCann is a member of the gerontology faculty at the University of Louisiana at Monroe. She currently resides in Texas with her husband Kevin Seavey and new baby boy, Christopher Seavey.

Marya McPherson, '07, Blacksburg, VA. Ms. McPherson was a Research Associate at the Center for Gerontology at Virginia Tech for the past 5 years during which time she served as the Center's liaison to the Elder Justice Coalition and the Task Force on Domestic Violence among Older Adults. Marya started a new position in May 2013 as Associate Director of the Mental Health Association of the NRV.

Andrea Mendes, '11, Blacksburg, VA. Ms. Mendes is a project manager for the Virginia Tech Family & Community Research Lab within the department of Human Development. Andrea's work focuses on mixed methods evaluation research for programs serving military families.

Kathleen Piercy, '96, Logan, UT. Kathleen is a Professor in the Department of Family, Consumer, and Human Development at Utah State University. Her research focuses on caregiving and dementia as well as identity development through leisure and volunteer activities, and family policy.

Janet Ramsey, '95, St. Paul, MN. Dr. Ramsey, is Professor Emeritus and former Pastor George Wienman Chair in Pastoral Theology and Ministry at Luther Seminary, St. Paul, Minnesota—the first woman to receive an endowed chair at the seminary. Her interests and expertise are in the intersection of spirituality and resiliency, forgiveness, and pastoral care for older adults. In retirement, Dr. Ramsey continues lecture and enjoys her roles as a wife, mother, and grandmother.

Jane Roberts, '02, Sarasota, FL. Dr. Roberts, is an instructor at the University of South Florida Sarasota-Manatee where she teaches in the MSW program and in the gerontology cognate at the baccalaureate level. Dr. Roberts chairs the Duvall Family Studies Initiative that hosts a biennial academic and practice conference, which disseminate academic research to community practitioners in social work and other mental health venues. She comes "home" to Blacksburg whenever possible!

Darrell Kirtland Shomaker, '07, Dublin VA. Mr. Shomaker is an Assistant Professor and the Director of Humanities and Social Sciences at The Jefferson College of Health Sciences in Roanoke, VA. In addition, Darrell is a doctoral student in Virginia Tech's Social, Political, Ethical, and Cultural Thought (ASPECT) program. He has a 6-year old son, Elijah.

Alan C. Taylor, '98, Greenville, NC. Dr. Taylor is an Assistant Professor at East Carolina University (ECU) in the Department of Child Development and Family Relations, as well as faculty member in the ECU Family and Community Services program. His research focuses on grandfathers and their involvement in the lives of their grandchildren.

Pamela B. Teaster, '97, Lexington, KY. Dr. Teaster is a Professor in the Department of Health Behavior, the Director of Doctoral Studies for the College of Public Health at the University of Kentucky, and the Co-Director of the Ohio Valley Appalachia Regional Geriatric Education Center (OVAR/GEC). Her research focus on issues related to elder abuse and guardianship. She and her husband have two children, Evan and Hadley.

Cathy Thompson, '98, Roanoke, VA. Ms. Thompson is the Director of Older Adult Services for Family Service of Roanoke Valley. She currently serves as the President of the Virginia Guardianship Association and is a long-time member of the Center for Gerontology's advisory group, The Futures Board.

Paula Usita, '97, San Diego, CA. Dr. Usita is an Associate Professor in San Diego State University's Graduate School of Public Health. Her research has explored the role of individual, social, and cultural factors on quality of life among minority and immigrant populations, mid- and late-life adults and families, family caregivers, and persons with Alzheimer's disease.

Lori Weeks, '98, Charlottetown, Canada. Dr. Weeks is an Associate Professor in the Department of Applied Human Sciences at the University of Prince Edward Island (UPEI), Canada, where she teaches courses in Gerontology and Family Studies. Her research focuses on families, health, and services. She recently led an initiative to develop an interdisciplinary undergraduate program in Gerontology at UPEI. Since 1998, she has been involved in operating Rosewood Residence, an assisted living facility that she co-owns with her family.

Jeremy Yorgason, '03, Provo, UT. Dr. Yorgason is an Associate Professor in the School of Family Life at Brigham Young University. He is currently serving as the Chair of the Issues in Aging Focus Group with NCFR. Since leaving Blacksburg, he and his wife Cheri have had two additional children – both girls, bringing their total to four wonderful daughters.

***35th Anniversary Spring Luncheon Celebration
Dr. Elizabeth Stine-Morrow, Featured Speaker***

This year the Center for Gerontology's Celebration featured University of Illinois- Urbana Champagne Professor of Psychology, Dr. Elizabeth Stine-Morrow. During her visit to Virginia Tech, Dr. Stine-Morrow met with Center for Gerontology faculty and graduate students, toured the Intergenerational Adult Day Service and Child Development center, and guest-lectured for an undergraduate class.

At the luncheon, Dr. Stine-Morrow presented findings on her cognitive health research. Dr. Stine-Morrow was instrumental in the development of an older adult Odyssey of the Mind-like program and her research looks at the ways in which engagement with new activities can improve and maintain cognitive health. Using the Senior Odyssey program, Dr. Stine-Morrow analyzed older adults' creative problem solving skills, activity engagement, text recall, and showcased how engaging in new and differing activities is beneficial for fluid and crystallized intelligence. Dr. Stine-Morrow's work on mental mechanics emphasizes the capacity for mental and psychological growth throughout the life span.



L to R: Karen A. Roberto, Elizabeth Stine-Morrow, and Robert Walters

The Senior Odyssey program is a research program at the University of Illinois, funded by the National Institute on Aging. The program is a community-based cognitive intervention for older adults aged 60 or older. For more information, visit www.seniorodyssey.org.

Research Forum Speakers

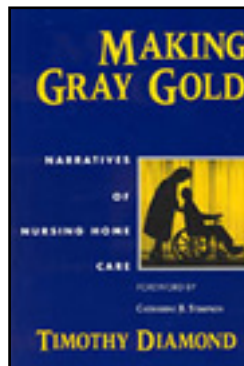
Each semester the Center for Gerontology invites program leaders and national and international scholars to take part in research dissemination and educational sessions with the Virginia Tech community. Fourteen speakers participated in the Center's Research Forum Series during the past five years.

Fall 2008



Mr. Bill Kallio
State Director AARP,
*Divided We Fail: Fixing the Health
Care and Financial Security Crises in
this Country*

Spring 2009



Dr. Timothy Diamond
Visiting Scholar, St. Thomas University,
Canada
Critical Standpoints in Long Term Care

Spring 2009 Celebration



Dr. Melissa Hardy
Director Gerontology Center,
Penn State
*How Women Age: Family, Work,
Health and the Challenges We Face*

Fall 2009



Dr. Jim Ford

Assistant Research Scientist, Child and Family Development, University of Georgia
Ready to Care: Relational Ethics, Caregiving, and Aging Veterans

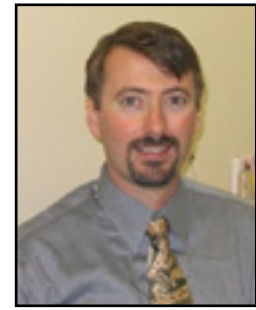
Spring 2010



Dr. Wendy Welch

Community Organizer, Health Appalachia Institute, UVA Wise
Listen Sonny: A humorous yet insightful look at enabling elders as community storytellers

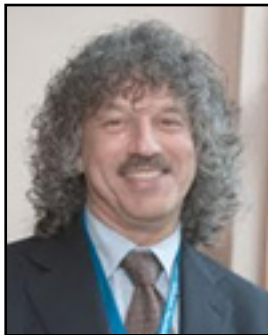
Spring 2010 Celebration



Dr. Adam Davey

Associate Professor, Temple University
If You Should Survive to 105: Population-based Perspectives on Very Long Lives

Fall 2010



Dr. Robert Levenson

Professor, Psychology, University of California – Berkeley
See Me, Feel Me, Heal Me: Empathy in Normal Adult Development and Neurological Disease

Spring 2011



Dr. Ilkka Pietila

Post-Doctoral Researcher, University of Tampere Center for Advanced Study, Finland
Acting Gendered Age: Lessons from Finnish Middle-aged Men

Spring 2011 Celebration



Dr. Ingrid A. Connidis

Professor, Sociology, University of Western Ontario
Looking Back, Looking Forward: Learning from our Elders and Aging Research **MAGE NEEDED**

Fall 2011



Dr. Richard Winett

Professor, Psychology, Virginia Tech
Resistance Training and Disease Prevention and Treatment: Translating Basic and Behavioral Sciences into Practice

Spring 2012



Ms. Judy Lear

Director, Gray Panthers
Activism and Policy of the Gray Panthers, Promoting Social Equality

Spring 2012 Celebration



Dr. Keith E. Whitfield

Vice Provost for Academic Affairs, Professor, Psychology and Neuroscience, Department of Geriatric Medicine, Duke University
Lessons My Father Taught me About Aging

Fall 2012



Dr. Eunkyung Kim

Visiting Scholar, Professor, Child Development and Family Studies, Changwon National University, Korea

The Hidden Population: Rural Female Elderly in Korea

Fall 2012



Mr. Bill Kallio

Virginia State Director, AARP

You've Earned a Say

Spring 2013 Celebration



Dr. Elizabeth Stine-Morrow

Professor, Ed. Psych, Psychology University of Illinois – Urbana Champaign

Use it or Lose it: Engagement as a Pathway to Cognitive Health

Future Board's Members 2009-2013

The Center for Gerontology receives guidance and support from its external advisory council, The Futures Board. Board members represent a variety of aging-related agencies, organizations, and services across the Commonwealth of Virginia.

W. David Crew Jr.	Virginia Neuropsychology Associates, Inc.	Current
Cynthia B. Jones	Virginia Department of Medical Assistance Services	Current
Bill Kallio	AARP Virginia	Current
Dr. Kye Y. Kim	Carilion Clinic Department of Psychiatry and Behavioral Medicine	Current
Dr. Richard W. Lindsay	Internal Medicine and Family Practice and former Head of the Section of Geriatric Medicine, University of Virginia Health Sciences Center	Current
Marilyn P. Maxwell	Mountain Empire Older Citizens, Inc.	Current
Sallie Morgan	Mental Health Association of Fauquier County, Inc.	Current
Ferne Moschella	Warm Hearth Village	Current
Gail Shea Nardi	Virginia Department of Social Services, Adult Protective Services	Current
Robert F. "Frank" Peck	Premier Consulting Services, Inc.	Current
Deborah L. (Debbie) Petrine	Commonwealth Care, Inc.	Current
Sue Ranson	Good Samaritan Hospice, Inc.	Current
Terry Smith	Division of Long-Term Care, Virginia Department of Medical Assistance Services	Current
Cathy Thompson	Older Adult Services, Family Services of Roanoke Valley	Current
Susan Williams (Chair)	LOA-Area Agency on Aging, Inc. Current	
Dr. Aubrey L. Knight	Carilion Clinic	Former
Linda Nablo	Department of Aging	Former
P. Tulane Patterson	Generations Solutions	Former
Katie Roeper	Senior Navigator	Former
Diana Wallace	Appalachian Agency for Senior Citizens, Inc.	Former
Jane H. Woods	Commonwealth of Virginia	Former

Stakeholder's Committee 2009-2013

The Center's Stakeholder Committee provides oversight of all financial, administrative, and fiduciary affairs of the Center.

Toni M. Calasanti	Professor and Center Faculty Affiliate, Sociology	Current
William Knocke	Associate Vice President for Research Programs, Office of the Vice President for Research	Current
Sue Ott Rowlands (Chair)	Dean, College of Liberal Arts & Human Sciences	Current
Brian Shabanowitz	Associate Dean of Administration, Finance & Technology, College of Liberal Arts & Human Sciences	Current
Anisa Zvonkovic	Department Head, Human Development	Current
James R. Bohland	National Capital Region Operations	Former
Roderick Hall	Office of Vice President of Research	Former
Edmund G. Henneke	Engineering Science and Mechanics	Former
Mike E. Houston	Human Nutrition, Foods, & Exercise	Former
Tom Inzana	Office of Vice President of Research	Former
Shannon Jarrott	Human Development	Former
Joseph Rees	Center for Public Administration and Policy	Former
John Ryan	Sociology	Former
Robert Walters	Office of Vice President of Research	Former

Contributing to the Center for Gerontology: Making a Difference

Your contributions to the Center for Gerontology will help support ongoing and future gerontology programs such as student scholarships, special publications, student conference participation, and other professional development activities. Visit www.givingto.vt.edu or the Center's website at www.gerontology.vt.edu. Thank you.

Center for Gerontology Foundation Fund

This fund is used at the discretion of the Director to support and advance the work of the Center faculty and students.

AARP Virginia Tech Memorial Fund for Gerontology

Initial funds from the generous contributions of AARP Virginia and other in honor of the 32 students and faculty lost at Virginia Tech on April 16, 2007 have been placed in an endowment account. Additional contributions are needed to ensure a perpetual memorial to those we have lost. One \$500 competitive award is given to a student enrolled in the Gerontology Graduate Certificate Program yearly.

S. J. Ritchey Endowed Scholarship

This is a competitive scholarship for students enrolled in the Gerontology Graduate Certificate Program. Preferences will be given to students 1) majoring in foods, human nutrition, or international foods and nutrition, or 2) whose research emphasis is in the area of health and aging. One or two awards of \$3,000-\$2,000 are made yearly.

Center for Gerontology Futures Board Research Scholarship

This is a competitive scholarship for students who are currently enrolled in the Gerontology Graduate Certificate Program or who have completed a degree/certificate in Gerontology at another University and are currently pursuing a graduate degree with a focus on aging at Virginia Tech. One scholarship is awarded in the approximate amount of \$1,200-\$1,500.

Vetra R. and Jay A. Mancini Research Prize

This is a competitive research prize for doctoral students in the Department of Human Development. The recipient of this award will demonstrate the knowledge, skill, and motivation necessary to successfully pursue an active research center within academia. Doctoral students in all specialty areas within Human Development are eligible to apply. One \$500 Research Prize is awarded yearly.



Contact Us

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