

## Home Matters:

### *Lifespan Friendly Homes, Neighborhoods and Communities that Support Aging in Place*

#### Moving from Vision to Action

**Wednesday, October 22; 8:30-1:30; Blacksburg Transit Conference Room**

<p><b>Plenary Overview</b> 8:45 – 9:00</p>	<ul style="list-style-type: none"> <li>• Aging demographics and projections in the New River Valley (NRV)</li> <li>• Issues in housing, health, and quality of life for the aging population in the NRV</li> </ul>	<p><b>Tina King</b> Executive Director, NRV Agency on Aging</p> <p><b>Dr. Jessica Wirgau</b> Executive Director, Community Foundation of the NRV</p>
<p><b>Plenary Speaker</b> 9:00 – 10:00</p> <p><b>Home Matters</b></p>	<ul style="list-style-type: none"> <li>• Emergent consumer demands for new housing and site design configurations that support residents’ lifespan needs</li> <li>• Priority Design Principles for lifespan housing and successful aging in rural, suburban, and town settings</li> <li>• Home and site design options based on Priority Design Principles</li> </ul>	<p><b>Colin Arnold</b> Director and Vice President of Architecture for Community Housing Partners’ Design Studio</p> <p><b>Carol Davis, Discussant</b> Sustainability Manager, Town of Blacksburg</p>
<p><b>Workshop Training</b> 10:00 – 10:50</p> <p><b>Housing and How it Impacts Health and Well Being: Evidence-Based Approaches and Best Practices for Extended Independence and Successful Aging</b></p> <p>Facilitator: <b>Dr. Nancy Brossoie</b> Senior research associate and project coordinator for the Center for Gerontology at Virginia Tech</p>	<ul style="list-style-type: none"> <li>• Evidence-based best practices for family and professional care giving and the nexus between care giving, supportive service accessibility, housing options, and community design</li> <li>• Resources for older adults in the NRV</li> <li>• Career pathways and emerging demands in the geriatric workforce field</li> <li>• Emergent service delivery models from around the country such as Village to Village Network and Time Banks that focus on service reciprocity</li> <li>• Needs of the participating workforces in regards to housing</li> <li>• Long-term outcomes for aging in place vs. waiting for a crisis; discussion of how planning happens at different decision-making scales (from the individual to the community scale) and across sectors (nonprofit, private sector, governmental)</li> </ul>	<p><b>Janaka Casper</b> President, Community Housing Partners</p> <p><b>Patti Drescher</b> Occupational Therapist Department of Aging &amp; Rehabilitative Services</p> <p><b>Dr. Molly O’Dell, MPH</b> Director, New River Health District</p> <p><b>Tina King</b> Executive Director, NRV Agency on Aging</p>
<p>Break 10:50 – 11:00 am</p>		
<p><b>Concurrent Sessions 11:00 am – 12:30 pm</b></p> <p>Participants will self-select into one of three 90 minutes concurrent sessions during this portion of the workshop.</p>		
<p><b>Concurrent Session A</b></p> <p><b>Policy Drivers: Obstacles &amp; Opportunities</b></p> <p>Facilitator: <b>Kevin Byrd</b> Executive Director, NRV Planning District Commission</p>	<p>This session will address aging in place/community and the development issues relevant to the work of local government staff and elected officials.</p> <ul style="list-style-type: none"> <li>• National trends and innovative practice around development models that support aging-in-place and community</li> <li>• Local government policies that drive housing options and choice: zoning, subdivision regulations, conditional and special use permitting, accessory dwelling unit ordinances, building codes</li> <li>• Case studies and model ordinances of housing and development policies that support and encourage lifespan friendly housing</li> </ul>	<p><b>Dari Jenkins</b>, Planning &amp; Zoning Administrator Montgomery County</p> <p><b>Lydeana Martin</b>, Community &amp; Economic Development Director, Floyd County</p> <p><b>John Mills</b>, Building Official, Giles County</p> <p><b>Melissa Skelton</b>, Director of Planning &amp; Zoning City of Radford</p> <p><b>Andrew Warren</b>, Zoning Administrator Blacksburg</p> <p><b>Danny Wilson</b>, Zoning Administrator Pulaski County</p>

<p><b>Concurrent Session B</b></p> <p><b>Developing &amp; Building Lifespan Friendly Homes and Communities: Obstacles &amp; Opportunities</b></p> <p>Facilitator: <b>Shelley Fortier</b> Executive Director, Habitat for Humanity of the NRV</p>	<p>This session will focus on aging in place/community issues relevant to developers, builders, realtors and appraisers.</p> <ul style="list-style-type: none"> <li>Demographic shifts and changing housing preferences from the first time homebuyer to the needs of later life homebuyers.</li> <li>Essential universal design features and how much they really cost in a new home</li> <li>Resources and incentives that can help homebuilders and developers integrate lifespan friendly design elements with limited financial risk while accessing emerging market segments</li> </ul>	<p><b>Terry Coble</b> Vice President, First Bank &amp; Trust Company</p> <p><b>William Haithcock</b> Director, NRV Realtor’s Association</p> <p><b>Amy Hudson</b> Broker, The Hudson Team</p> <p><b>Jeanne Stosser</b> President, SAS Builders</p> <p><b>Paul Wyar</b> Owner, VA Sun Homes</p> <p><b>Steve Hill*</b> Hill Companies</p> <p><b>Brian Rice*</b> Brian Rice Construction</p> <p><b>* invited</b></p>
<p><b>Concurrent Session C</b></p> <p><b>Deciding for Ourselves: Obstacles &amp; Opportunities</b></p> <p>Facilitator: <b>Elisabeth Willis</b> Housing &amp; Community Development Project Manager, NRV HOME Consortium</p>	<p>This session will focus on decision-making challenges faced by older adults, their families, and how this strains the resources available to the geriatric workforce.</p> <ul style="list-style-type: none"> <li>What types of housing modifications can be made over time to improve aging in place/community opportunities</li> <li>How “denial” can severely limit choice and well being once a crisis arises</li> <li>How individuals, families, neighborhoods, and whole communities can lay the groundwork for successful aging for themselves and the community as whole going forward</li> <li>Exploration of emerging service delivery models from around the country such as Village to Village Network and Time Banks that build community networks of reciprocity</li> <li>How we create the types of housing, neighborhoods and communities identified in <i>Home Matters</i></li> </ul>	<p><b>Janet Brennend</b> Ombudsman, NRV Agency on Aging</p> <p><b>Dr. Nancy Brossoie</b> Senior research associate and project coordinator for the Center for Gerontology at Virginia Tech</p> <p><b>Patti Drescher</b> Occupational Therapist Department of Aging &amp; Rehabilitative Services</p> <p><b>Lisa Poley</b> Co-Director, Village Resources, LLC</p> <p><b>BJ Williams</b> Caregiver Perspective</p> <p><b>Warm Hearth Representative</b></p>
<p><b>Working Luncheon &amp; Workshop Conclusion 12:30-1:30. All participants.</b></p>		
<p><b>Call to Action &amp; Working Lunch: Strategies and Recommendations Developed During Sessions</b></p> <p>Facilitator <b>Dr. Jessica Wirgau</b> Executive Director, Community Foundation of the NRV</p>	<p>This session is a “Call to Action” and will include recommendations and implementation strategies to overcoming the obstacles to aging in place in the NRV based on the group sessions.</p>	<p><b>Dr. Nancy Brossoie</b> Senior research associate and project coordinator for the Center for Gerontology at Virginia Tech</p> <p><b>Carol Davis</b> Sustainability Manager, Town of Blacksburg</p> <p><b>Shelley Fortier</b> Executive Director, Habitat for Humanity of the NRV</p> <p><b>Lydeana Martin</b> Community &amp; Economic Development Director, Floyd County</p> <p><b>Lisa Poley</b> Co-Director, Village Resources, LLC</p>
<p><b>Optional Tour: Grissom Lane Apartments New Universal Design/ADA Homes 2:00 pm</b></p>		