# Home Matters:
*Lifespan Friendly Homes, Neighborhoods and Communities that Support Aging in Place*
*Moving from Vision to Action*

**Wednesday, October 22; 8:30-1:30; Blacksburg Transit Conference Room**

## Plenary Overview
8:45 – 9:00
- Aging demographics and projections in the New River Valley (NRV)
- Issues in housing, health, and quality of life for the aging population in the NRV

**Tina King**  
Executive Director, NRV Agency on Aging  
Dr. Jessica Wirgau  
Executive Director, Community Foundation of the NRV

## Plenary Speaker
9:00 – 10:00
- Emergent consumer demands for new housing and site design configurations that support residents’ lifespan needs
- Priority Design Principles for lifespan housing and successful aging in rural, suburban, and town settings
- Home and site design options based on Priority Design Principles

**Colin Arnold**  
Director and Vice President of Architecture for Community Housing Partners’ Design Studio  
**Carol Davis**, Discussant  
Sustainability Manager, Town of Blacksburg

## Workshop Training
10:00 – 10:50
- Evidence-based best practices for family and professional care giving and the nexus between care giving, supportive service accessibility, housing options, and community design
- Resources for older adults in the NRV
- Career pathways and emerging demands in the geriatric workforce field
- Emergent service delivery models from around the country such as Village to Village Network and Time Banks that focus on service reciprocity
- Needs of the participating workforces in regards to housing
- Long-term outcomes for aging in place vs. waiting for a crisis; discussion of how planning happens at different decision-making scales (from the individual to the community scale) and across sectors (nonprofit, private sector, governmental)

**Janaka Casper**  
President, Community Housing Partners  
**Patti Drescher**  
Occupational Therapist, Department of Aging & Rehabilitative Services  
**Dr. Molly O’Dell, MPH**  
Director, New River Health District  
**Tina King**  
Executive Director, NRV Agency on Aging

**Break 10:50 – 11:00 am**

## Concurrent Sessions 11:00 am – 12:30 pm
Participants will self-select into one of three 90 minutes concurrent sessions during this portion of the workshop.

### Concurrent Session A
**Policy Drivers: Obstacles & Opportunities**

**Facilitator:**  
Kevin Byrd  
Executive Director, NRV Planning District Commission

This session will address aging in place/community and the development issues relevant to the work of local government staff and elected officials.

- National trends and innovative practice around development models that support aging-in-place and community
- Local government policies that drive housing options and choice: zoning, subdivision regulations, conditional and special use permitting, accessory dwelling unit ordinances, building codes
- Case studies and model ordinances of housing and development policies that support and encourage lifespan friendly housing

**Facilitator:**  
Kevin Byrd  
Executive Director, NRV Planning District Commission

**Dari Jenkins**, Planning & Zoning Administrator  
Montgomery County  
**Lydeana Martin**, Community & Economic Development Director, Floyd County  
**John Mills**, Building Official, Giles County  
**Melissa Skelton**, Director of Planning & Zoning  
City of Radford  
**Andrew Warren**, Zoning Administrator  
Blacksburg  
**Danny Wilson**, Zoning Administrator  
Pulaski County
| Concurrent Session B | This session will focus on aging in place/community issues relevant to developers, builders, realtors and appraisers. | Terry Coble  
Vice President, First Bank & Trust Company  
William Haithcock  
Director, NRV  
William Mattison  
President of the NRV Association  
Amy Hudson  
Broker, The Hudson Team  
Jeanne Stosser  
President, SAS Builders  
Paul Wyar  
Owner, VA Sun Homes  
Steve Hill*  
Hill Companies  
Brian Rice*  
Brian Rice Construction  
* invited |
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| Developing & Building Lifespan Friendly Homes and Communities: Obstacles & Opportunities | Facilitator:  
Shelley Fortier  
Executive Director, Habitat for Humanity of the NRV | | |
| Concurrent Session C | This session will focus on decision-making challenges faced by older adults, their families, and how this strains the resources available to the geriatric workforce. | Janet Brennend  
Ombudsman, NRV Agency on Aging  
Dr. Nancy Brossoie  
Senior research associate and project coordinator for the Center for Gerontology at Virginia Tech  
Patti Drescher  
Occupational Therapist  
Department of Aging & Rehabilitative Services  
Lisa Poley  
Co-Director, Village Resources, LLC  
BJ Williams  
Caregiver Perspective  
Warm Hearth Representative |
| Deciding for Ourselves: Obstacles & Opportunities | Facilitator:  
Elisabeth Willis  
Housing & Community Development Project Manager, NRV HOME Consortium | | |
| Call to Action & Working Lunch: Strategies and Recommendations Developed During Sessions | This session is a “Call to Action“ and will include recommendations and implementation strategies to overcoming the obstacles to aging in place in the NRV based on the group sessions. | Dr. Nancy Brossoie  
Senior research associate and project coordinator for the Center for Gerontology at Virginia Tech  
Carol Davis  
Sustainability Manager, Town of Blacksburg  
Shelley Fortier  
Executive Director, Habitat for Humanity of the NRV  
Lydeana Martin  
Community & Economic Development Director, Floyd County  
Lisa Poley  
Co-Director, Village Resources, LLC |
| Working Luncheon & Workshop Conclusion 12:30-1:30. | All participants. | | |
| Optional Tour: Grissom Lane Apartments New Universal Design/ADA Homes 2:00 pm | | | |